



# SAFE OVER SUMMER

## Vehicles & Driving

Driving is one of our highest exposure risks — whether commuting, travelling between sites, or using company vehicles. Summer adds new challenges: heat, glare, fatigue, and increased public traffic. Every trip needs the same focus as any high-risk job.

### Primary Risks & Hazards to Spot

- Fatigue from heat and long shifts
- Speeding or tailgating in busy areas
- Distraction — phones, radios, navigation systems
- Poor vehicle maintenance or tyre condition
- Roadworks, glare, and reduced visibility
- Dehydration and loss of focus on hot days
- Wildlife and holiday traffic during summer



### Discuss / Share:

When was the last time you checked your vehicle's tyres and fluids?

What signs tell you fatigue is setting in while driving?



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### Critical Controls

- Complete pre-start or pre-trip checks — tyres, fluids, lights, mirrors, rego, first aid kit
- Plan journeys — rest every 2 hours, rotate drivers where possible
- Stay hydrated; take regular breaks in shaded or air-conditioned areas
- Avoid mobile phone use while driving — pull over if you need to answer
- Obey speed limits and adjust for weather, glare, or traffic density
- Never drive under the influence of alcohol, medication, or fatigue
- In summer, store vehicles in shade where possible; avoid leaving equipment or chemicals inside hot cabins

Downer



### Discuss / Share:

How do you manage fatigue or heat stress during long drives?